



FOR IMMEDIATE RELEASE
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Life Centers Pregnancy Center Announces New Director of Nursing, Barbara Metzelaars

INDIANAPOLIS—Life Centers, a Christian non-profit that helps women in unplanned pregnancies, announces the hiring of Barbara Metzelaars, MSN, FNP-BC, director of nursing.

“We are pleased to welcome Barbara, who will be working with physicians, nurses and peer counselors to assure that our clients receive the best medical care possible,” Brian Boone, Life Centers president and CEO, said. “Her credentials, character, compassion, and commitment to our mission will be an asset to our staff, volunteers, and the women who receive our free services.”

Metzelaars will provide medical support and maintain professional standards of care, following the American Nurses Association (ANA) Code of Ethics. She will supervise, plan, assess and monitor the medical services that Life Centers provides, under the supervision of Dr. Bryan Perkins, OB/GYN, medical director.

“My vision is to make sure that Life Centers is above reproach and to be a liaison to those working in the medical field,” Metzelaars said. “I have a heart for hurting people. I want to be a healer and a helper, and Life Centers heals and helps.”

Having experienced an abortion, Metzelaars said she is grateful to apply her experience and education to a ministry that values the sanctity of human life and allows her to share the healing and knowledge she has received with others.



“Having gone to school to be a nurse, that gives me the worldly perspective that enables me to share the medical truth about pregnancy,” Metzelaars said. “To share from a basis of knowledge with medical facts, as well as share about my personal relationship with Jesus Christ, it’s a nice way for me to honor the Lord. Having had an abortion earlier in life, I am now walking in the reconciliation and restoration of my spirit that only comes from knowing God and what He did for me.”

Prior to joining Life Centers, Metzelaars reinitiated the NP role at Rankin Women’s Center in Charlotte, N.C. and worked as a staff RN in various departments and hospitals including at Springs Memorial Hospital in Lancaster, S.C., at Presbyterian Hospital in Charlotte, N.C., and as a clinical teaching assistant at University of South Carolina and Richland Heart Hospital in Columbia, S.C.

Metzelaars received her Nursing Diploma in 1999 from Presbyterian Hospital School of Nursing, her BSN from Queens College, and her MSN from University of South Carolina. She is certified through American Nurses Credentialing Center as a Family Nurse Practitioner.

Metzelaars resides in Indianapolis with her husband, Pete Metzelaars, an offensive line coach for the Indianapolis Colts.

Prior to employment with Life Centers, Metzelaars volunteered weekly for the organization and went through its G.R.A.C.E. post-abortion healing support program.

At Life Centers’ eight pregnancy resource centers across Central Indiana, volunteers and staff administered more than 20,000 free services last year including pregnancy tests, ultrasounds, confidential peer counseling, 24-hour Help Line calls, maternity support and post-abortion healing groups.

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The mission of Life Centers is to affirm the value of life by providing a network of care to those experiencing pregnancy-related crisis and by compassionately presenting biblical truth resulting in changed lives to the glory of God.